



June 2019 Menu

Mon	Tue	Wed	Thu	Fri
3 Chicken wrap Broccoli & cauliflower salad Fruit	4 Meatball sandwich Tossed salad Beets Fruit	5 Salisbury steak Baked potato Green beans Fruit	6 Ham 'n beans Cornbread Fruit	7 Oven fried chicken Mashed potatoes & gravy Caribbean vegetables Fruit
10 Chicken tenders Tater tots Cucumber salad Fruit	11 Breakfast casserole Hash browns Cottage cheese Fruit	12 Ham Scalloped potatoes Capri vegetables Fruit	13 Chef salad Crackers Fruit	14 Father's Day Meatloaf Baked potato Green beans Fruit
17 Chicken Spinach salad Fruit	18 Chili Cinnamon roll Fruit	19 Chicken fried steak Mashed potatoes & gravy Green beans Fruit	20 Fish Mac 'n cheese Peas Fruit	21 Lasagne Tossed salad Garlic bread Fruit
24 Swiss steak Scalloped potatoes Peas/carrots Fruit	25 Beef tips over potatoes Brussels sprouts Fruit	26 Spaghetti w/ meat sauce Tossed salad Garlic bread Fruit	27 Tuna salad Beets Fruit	28 Sweet 'n sour pork Rice Salad Fruit
			Menus subject to change. Over age 60: \$3.50 Under age 60: \$5.25 For more information, please call 587-2462	